CLAIMS:

We claim:

1. A method of forming metal oxide powders, comprising the steps of:

solid state mixing of at least one metal nitrate salt and at least one reducing organic acid, and

heating said metal nitrate salt and said reducing organic acid, wherein a metal oxide powder is formed.

- 2. The method of claim 1, wherein said heating comprises a first heating step which forms a metal oxide precursor complex from said metal nitrate salt and said reducing organic acid, and a second heating step which converts said precursor complex into said metal oxide powder.
- 3. The method of claim 1, wherein at least a portion of said heating is performed in an oxygen containing atmosphere.
 - 4. The method of claim 1, wherein said organic acid is a hydroxy acid.
- 5. The method of claim 4, wherein said hydroxy acid comprises tartaric acid or citric acid.

- 6. The method of claim 1, wherein an average particle size of said metal oxide powder is from 10 to 100 nm.
- 7. The method of claim 1, wherein said at least one metal nitrate salt comprises at least two different metal nitrate salts.
- 8. The method of claim 2, wherein said first heating step is performed at a temperature from 200 to $400\,^{\circ}\text{C}$.
- 9. The method of claim 2, wherein said second heating step is performed at a temperature from 200 to $1600\,^{\circ}$ C.
- 10. The method of claim 2, further comprising the step of grinding said precursor before said second heating step.
 - 11. The method of claim 1, wherein said metal oxide includes at least one phosphor.
- 12. The method of claim 1, wherein said metal oxide includes at least one ion conducting metal oxide.